



# UNIFIED WORLD CHAMPIONSHIPS-2016



«WTKA», «WKA», «ICO», «WCSA»

TUSCANY/ITALY, 25th -30th October 2016

**5000 COMPETITORS - 105 COUNTRIES - 5 CONTINENTS - 40 COMPETITION AREAS - 5 RINGS - 2 CAGE - 450 OFFICIALS THE GREATEST WORLD MEETING OF MARTIAL ARTS AND COMBAT SPORTS**

SHADOW-FIGHTS, KATA & SELF-DEFENSE (DIFFERENT DISCIPLINES)  
All STYLES KARATE - SAFE-POINT,  
SAFE / TOTAL-COMBAT, ORIENTAL-COMBAT (K-1)  
MIX / SUBMISSION -WRESTLING, MMA-LIGHT/ LIGHT-COMBAT  
FREE- COMBAT (SHOOT-WRESTLING), MIX-COMBAT / MMA-FULL (UFC)

The Unified World Championships is not simply a great merge of many federations...

It's an ambitious project, with the goal to reach to two ways for martial arts athletes: the Official Championships of the single recognized federations or the Unified World Championships for All, composed by all the other federations in the world, that represent numerically the 80% of the practitioners.

This Unified World Championship is a new way of understanding a great martial arts event: competition at the highest level and, at the same time, participation for all, just like in the spirit of the New York Marathon.  
A legendary event!!!

[WWW.COMBATSD.COM](http://WWW.COMBATSD.COM)

[WWW.UNIFIEDWORLDCHAMPIONSHIPS.COM](http://WWW.UNIFIEDWORLDCHAMPIONSHIPS.COM)

## 1) ORGANIZING COMMITTEE:

### Mr. Cristiano Radicchi (General Secretary, Italy)

Mr. Alexander Sosnin (Board, WCSA Chairman, Russia);

Mr. Colin Payne (Board, England)

Mr. Dominik Giacobbe (Board, USA)

Mr. Mohammad Ghasem Manouchehri (Board, Iran)

Mr. Raul Gutierrez Lopez (Board, Chile)

Mr. Steward Allan (Board, Scotland)

Mr. Pete Foley (Board, Ireland)

## 2) CONTACT WCSA: +7 917 761 90 80; +7 927 313 30 17 secretary;

Information: e-mail: [wcombatsd@gmail.com](mailto:wcombatsd@gmail.com); [combatsd@mail.ru](mailto:combatsd@mail.ru)

## 3) ENTRY FEE:

- 60 EURO FOR EACH COMPETITOR ENTERING IN 1 DIVISION

- 40 EURO MORE FOR EACH DIVISION AFTER THE FIRST DIVISION

## 4) CATEGORIES:

More categories (Kickboxing, Karate, Kung-fu, Taekwondo, Kyokushin) and information's at

[www.unifiedworldchampionships.com](http://www.unifiedworldchampionships.com)

**Attack-Tests** № 9001-9003

**Free-Style** (music) № 900-927

**Traditional Forms** № 928-972

**Musical Forms** № 973-996

**Extreme Forms** (music) № 997-1020

**Creative Forms** (music) № 1021-1025

**Traditional Forms** № 1026-1030

**Musical Forms Team** № 1031-1035

**Self-Defense Traditional/ Demo Team** (music) № 1036-1041

**Street Self-Defense/ Demo Team** (music) № 1042-1047

**Self-Defense Scenic/ Demo Team** (music) № 1048-1050

**Security Self-Defense** № 1051-1053

-12/ 13-16/ 16+

-8/-10/-13/ -16/ -19/ -28/ 28+

-8/-10/-13/ -16/ -19/ -41/ 41+

-10/-13/ -16/ -19/ -28/ 28+

-10/-13/ -16/ -19/ -28/ 28+

-10/-13/ -16/-28/ 28+

-10/-13/ -16/-28/ 28+

-10/-13/ -16/-28/ 28+

-14/-18/ 18+

-14/-18/ 18+

-14/-18/ 18+

-14/-18/ 18+

«SAFE / POINT - COMBAT»				
Code	Category	Sex	Age	Weight
9004	Children	Mixed	7-9	- 23 kg
9005	Children	Mixed	7-9	- 26 kg
9006	Children	Mixed	7-9	- 30 kg
9007	Children	Mixed	7-9	- 35 kg
9008	Children	Mixed	7-9	+35 kg
9009	Children	Mixed	10-11	- 30 kg

9010	Children	Mixed	10-11	- 34 kg
9011	Children	Mixed	10-11	- 39 kg
9012	Children	Mixed	10-11	- 45 kg
9013	Children	Mixed	10-11	+45 kg
9014	Cadets	Men	12-14	- 36 kg
9015	Cadets	Male	12-14	-40 kg
9016	Cadets	Male	12-14	- 45 kg
9017	Cadets	Male	12-14	- 51 kg
9018	Cadets	Male	12-14	- 57 kg
9019	Cadets	Male	12-14	+57 kg
9020	Cadets	Female	12-14	- 40 kg
9021	Cadets	Female	12-14	- 45 kg
9022	Cadets	Female	12-14	+45 kg
9023	Juniors	Male	15-17	- 51 kg
9024	Juniors	Male	15-17	- 57 kg
9025	Juniors	Male	15-17	- 64 kg
9026	Juniors	Male	15-17	- 71 kg
9027	Juniors	Male	15-17	- 80 kg
9028	Juniors	Male	15-17	+80 kg
9029	Juniors	Female	15-17	- 45 kg
9030	Juniors	Female	15-17	- 51 kg
9031	Juniors	Female	15-17	+51 kg
9032	Men	Male	18-40	- 63 kg
9033	Men	Male	18-40	- 69 kg
9034	Men	Male	18-40	- 75 kg
9035	Men	Male	18-40	- 81 kg
9036	Men	Male	18-40	- 90 kg
9037	Men	Male	18-40	+90 kg
9038	Women	Female	18-40	- 51 kg
9039	Women	Female	18-40	- 57 kg
9040	Women	Female	18-40	+57 kg

## «SAFE / TOTAL-COMBAT»

Code	Category	Sex	Age	Weight
1100	Children	Mixed	8-9	- 23 kg
1101	Children	Mixed	8-9	- 27 kg
1102	Children	Mixed	8-9	- 31 kg
1103	Children	Mixed	8-9	- 35 kg
1104	Children	Mixed	8-9	- 40 kg
1105	Children	Mixed	8-9	+40 kg
1108	Children	Male	10-12	- 28 kg
1109	Children	Male	10-12	- 32 kg
1110	Children	Male	10-12	- 37 kg
1111	Children	Male	10-12	- 42 kg
1112	Children	Male	10-12	- 47 kg
1113	Children	Male	10-12	+47 kg
9041	Children	Female	10-12	- 32 kg
9042	Children	Female	10-12	- 37 kg

9043	Children	Female	10-12	- 42 kg
9044	Children	Female	10-12	+42 kg
1114	Cadets	Male	13-15	- 42 kg
1115	Cadets	Male	13-15	- 47 kg
1116	Cadets	Male	13-15	- 52 kg
1117	Cadets	Male	13-15	- 57 kg
1118	Cadets	Male	13-15	- 63 kg
1119	Cadets	Male	13-15	- 69 kg
1120	Cadets	Male	13-15	+69 kg
9045	Cadets	Female	13-15	- 42 kg
9046	Cadets	Female	13-15	- 47 kg
9047	Cadets	Female	13-15	+47 kg
1121	Juniors	Male	16-18	- 57 kg
1122	Juniors	Male	16-18	- 63 kg
1123	Juniors	Male	16-18	- 69 kg
1124	Juniors	Male	16-18	- 74 kg
1125	Juniors	Male	16-18	- 79 kg
1126	Juniors	Male	16-18	- 84 kg
1127	Juniors	Male	16-18	- 89 kg
1128	Juniors	Male	16-18	- 94 kg
1129	Juniors	Male	16-18	+94 kg
9048	Juniors	Female	16-18	- 47 kg
9049	Juniors	Female	16-18	- 52 kg
9050	Juniors	Female	16-18	+52 kg
1130	Men	Male	19-40	- 57 kg
1131	Men	Male	19-40	- 63 kg
1132	Men	Male	19-40	- 69 kg
1133	Men	Male	19-40	- 74 kg
1134	Men	Male	19-40	- 79 kg
1135	Men	Male	19-40	- 84 kg
1136	Men	Male	19-40	- 89 kg
1137	Men	Male	19-40	- 94 kg
1138	Men	Male	19-40	+94 kg
9051	Women	Female	19-40	- 52 kg
9052	Women	Female	19-40	- 57 kg
9053	Women	Female	19-40	+57 kg

## «MIX -WRESTLING»

Code	Category	Sex	Age	Weight
9054	Cadets	Male	12-14	- 36 kg
9055	Cadets	Male	12-14	-40 kg
9056	Cadets	Male	12-14	- 45 kg
9057	Cadets	Male	12-14	- 51 kg
9058	Cadets	Male	12-14	- 57 kg
9059	Cadets	Male	12-14	- 64 kg
9060	Cadets	Male	12-14	+64 kg
9061	Cadets	Female	12-14	- 40 kg
9062	Cadets	Female	12-14	- 45 kg
9063	Cadets	Female	12-14	+45 kg

## «SUBMISSION -WRESTLING»

Code	Category	Sex	Age	Weight
1058	Juniors	Male	15-17	- 60 kg
1059	Juniors	Male	15-17	+60 kg
1060	Seniors	Female	18-35	- 60 kg
1061	Seniors	Female	18-35	+60 kg
1062	Seniors	Male	18-40	- 65 kg
1063	Seniors	Male	18-40	- 70 kg
1064	Seniors	Male	18-40	- 76 kg
1065	Seniors	Male	18-40	- 83 kg
1066	Seniors	Male	18-40	- 91 kg
1067	Seniors	Male	18-40	+91 kg
1068	Seniors	Male	18-40	- 66 kg
1069	Seniors	Male	18-40	- 77 kg
1070	Seniors	Male	18-40	- 88 kg
1071	Seniors	Male	18-40	+88 kg

## «LIGHT-COMBAT»

Code	Category	Sex	Age	Weight
9064	Cadets	Male	12-14	- 36 kg
9065	Cadets	Male	12-14	-40 kg
9066	Cadets	Male	12-14	- 45 kg
9067	Cadets	Male	12-14	- 51 kg
9068	Cadets	Male	12-14	- 57 kg
9069	Cadets	Male	12-14	+57 kg
9070	Cadets	Female	12-14	- 40 kg
9071	Cadets	Female	12-14	- 45 kg
9072	Cadets	Female	12-14	+45 kg

## «MMA-LIGHT» (LIGHT-COMBAT)

\*Children & Juniors don't punch to the head

Code	Category	Sex	Age	Weight
1072	Juniors	Male	15-17	-65 kg
1073	Juniors	Male	15-17	-70 kg
1074	Juniors	Male	15-17	- 76 kg
1075	Juniors	Male	15-17	- 83 kg
1076	Juniors	Male	15-17	- 91 kg
1077	Juniors	Male	15-17	+91 kg

1078	Seniors	Female	18-40	- 65 kg
1079	Seniors	Female	18-40	- 70 kg
1080	Seniors	Female	18-40	- 76 kg
1081	Seniors	Male	18-40	- 83 kg
1082	Seniors	Male	18-40	- 91 kg
1083	Seniors	Male	18-40	+91 kg
1084	Seniors	Female	18-35	- 60 kg
1085	Seniors	Female	18-35	+60 kg

## «FREE-COMBAT»

Code	Category	Sex	Age	Weight
9073	Juniors	Male	15-17	-55 kg
9074	Juniors	Male	15-17	- 60 kg
9075	Juniors	Male	15-17	- 65 kg
9076	Juniors	Male	15-17	- 70 kg
9077	Juniors	Male	15-17	-75 kg
9078	Juniors	Male	15-17	-80 kg
9079	Juniors	Male	15-17	-85 kg
9080	Juniors	Male	15-17	-91 kg
9081	Juniors	Male	15-17	+91kg
9082	Men	Male	18-40	-60 kg
9083	Men	Male	18-40	-65 kg
9084	Men	Male	18-40	-70 kg
9085	Men	Male	18-40	-75 kg
9086	Men	Male	18-40	-81 kg
9087	Men	Male	18-40	-86 kg
9088	Men	Male	18-40	-93 kg
9089	Men	Male	18-40	+93kg

## «MMA-FULL» (MIX-COMBAT, UFC rules)

Code	Category	Sex	Age	Weight
1086	Juniors	Male	15-17	- 65 kg
1087	Juniors	Male	15-17	- 70 kg
1088	Juniors	Male	15-17	- 76 kg
1089	Juniors	Male	15-17	- 83 kg
1090	Juniors	Male	15-17	- 91 kg
1091	Juniors	Male	15-17	+91 kg
1092	Seniors	Male	18-40	- 65 kg
1093	Seniors	Male	18-40	- 70 kg
1094	Seniors	Male	18-40	- 76 kg
1095	Seniors	Male	18-40	- 83 kg
1096	Seniors	Male	18-40	- 91 kg
1097	Seniors	Male	18-40	+91 kg
1098	Seniors	Female	18-35	- 60 kg
1099	Seniors	Female	18-35	+60 kg

# «ORIENTAL-COMBAT» (K-1 rules)

\*Children & Juniors don't punch to the head

Code	Category	Sex	Age	Weight
745	Children	Male	11-13	- 28 kg
746	Children	Male	11-13	- 32 kg
747	Children	Male	11-13	- 36 kg
748	Children	Male	11-13	- 40 kg
749	Children	Male	11-13	- 44 kg
750	Children	Male	11-13	- 48 kg
751	Children	Male	11-13	- 52 kg
752	Children	Male	11-13	- 56 kg
753	Children	Male	11-13	+56 kg
754	Children	Female	11-13	- 28 kg
755	Children	Female	11-13	- 32 kg
756	Children	Female	11-13	- 36 kg
757	Children	Female	11-13	- 40 kg
758	Children	Female	11-13	- 44 kg
759	Children	Female	11-13	- 48 kg
760	Children	Female	11-13	- 52 kg
761	Children	Female	11-13	- 56 kg
762	Children	Female	11-13	+56 kg
763	Cadets	Male	14-15	- 42 kg
764	Cadets	Male	14-15	- 46 kg
765	Cadets	Male	14-15	- 50 kg
766	Cadets	Male	14-15	- 54 kg
767	Cadets	Male	14-15	- 58 kg
768	Cadets	Male	14-15	- 62 kg
769	Cadets	Male	14-15	- 67 kg
770	Cadets	Male	14-15	- 72 kg
771	Cadets	Male	14-15	+72 kg
772	Cadets	Female	14-15	- 42 kg
773	Cadets	Female	14-15	- 46 kg
774	Cadets	Female	14-15	- 50 kg
775	Cadets	Female	14-15	- 54 kg
776	Cadets	Female	14-15	- 58 kg
777	Cadets	Female	14-15	- 62 kg
778	Cadets	Female	14-15	- 67 kg
779	Cadets	Female	14-15	+67 kg
780	Juniors	Male	16-18	- 51 kg
781	Juniors	Male	16-18	- 54 kg
782	Juniors	Male	16-18	- 57 kg
783	Juniors	Male	16-18	- 60 kg
784	Juniors	Male	16-18	-63.5 kg
785	Juniors	Male	16-18	- 67 kg
786	Juniors	Male	16-18	- 71 kg
787	Juniors	Male	16-18	- 75 kg
788	Juniors	Male	16-18	- 81 kg
789	Juniors	Male	16-18	- 86 kg
790	Juniors	Male	16-18	- 91 kg
791	Juniors	Male	16-18	+91 kg
792	Juniors	Female	16-18	- 48 kg
793	Juniors	Female	16-18	- 52 kg

794	Juniors	Female	16-18	- 56 kg
795	Juniors	Female	16-18	- 60 kg
796	Juniors	Female	16-18	- 65 kg
797	Juniors	Female	16-18	- 70 kg
798	Juniors	Female	16-18	+70 kg
799	Men	Male	19-35	- 51 kg
800	Men	Male	19-35	- 54 kg
801	Men	Male	19-35	- 57 kg
802	Men	Male	19-35	- 60 kg
803	Men	Male	19-35	-63.5 kg
804	Men	Male	19-35	- 67 kg
805	Men	Male	19-35	- 71 kg
806	Men	Male	19-35	- 75 kg
807	Men	Male	19-35	- 81 kg
808	Men	Male	19-35	- 86 kg
809	Men	Male	19-35	- 91 kg
810	Men	Male	19-35	+91 kg
811	Women	Female	19-35	- 48 kg
812	Women	Female	19-35	- 52 kg
813	Women	Female	19-35	- 56 kg
814	Women	Female	19-35	- 60 kg
815	Women	Female	19-35	- 65 kg
816	Women	Female	19-35	- 70 kg
817	Women	Female	19-35	+70 kg

## 5) HOTEL RESERVATION:

In order to attend the Competitions is compulsory to make your hotel reservation through the promoter.

*HOTELS located in Marina di Carrara, Marina di Massa, Versilia and Viareggio area:*

- Single room with private bathroom (€ 75 per person per day)
- Double and Triple room with private bathroom (€ 60 per person per day )

The prices are per person per day and include:

- Continental breakfast and dinner.
- Free entrance to Sport Hall for the followers of your Delegation.

**In order to guarantee your reservation, please send the payment to bank account before September 25<sup>st</sup> 2016.**

At your arrival at Sport-Hall, just before weigh-in, you will get your vouchers in order to go to your hotel.

## 6) TRANSPORTATIONS:

FROM THE HOTEL TO SPORT HALL AND RETURNS

40 euro per person (competitors, trainers and followers)

The service includes the transfers in the morning from the hotel to the sport hall and the returns from the sport hall to the hotels.



**7) EVENT SCHEDULE:**

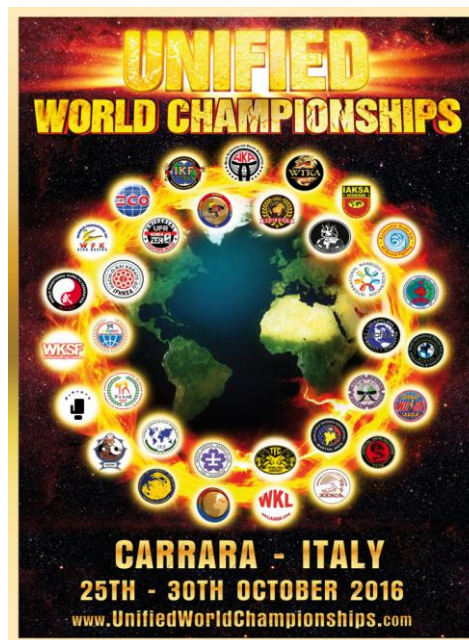
<p><b>TUESDAY 25TH OCTOBER</b></p>	<p><b>09.00 – 20.00</b></p>	<p><b>ARRIVALS OF DELEGATIONS</b> - SPORT HALL “CARRARAFIERE” – TEAMS REGISTRATION AND PAYMENT – HOTEL ACCOMMODATION VOUCHERS – COMPETITORS WEIGHT/CERTIFICATIONS CONTROLS.</p> <p>WEIGH-IN – MEDICAL &amp; INSURANCE CERTIFICATIONS CHECK UP BY ORGANIZATION.</p> <p><u>NOTE: RING SPECIALTIES (FULL CONTACT – LOWKICK – K1 – MUAY THAI - MMA FULL CONTACT) MEDICAL CERTIFICATION CONTROL &amp; MEDICAL VISITS. WITHOUT THE CERTIFICATION AND MEDICAL VISIT NO ONE WILL BE ADMITTED TO COMPETE. AND NO MONEY WILL BE GIVEN BACK!!!</u></p> <p><b>NOTE: These procedures will be closed at 20.00 without any further delay!</b></p> <p>AT YOUR ARRIVAL AT THE MAIN ENTRANCE OF SPORT HALL (ENTRANCE NUMBER 5 OF “CARRARAFIERE” FAIR COMPLEX) YOU WILL FIND OUR STAFF READY TO HELP YOU FOR ALL YOUR NEEDS. THE WELCOME STAFF WILL SHOW YOU AROUND THE SPORT HALL, THE COMPETITIONS AREAS, REFEREES OFFICES, OFFICES, BAR, RESTAURANT, BANK, EVERYTHING.</p>
<p><b>WEDNESDAY 26ST OCTOBER</b></p>	<p><b>09.00– 20.00</b></p> <p><b>15.00-19.00</b></p> <p><b>18.30</b></p>	<p><b>ARRIVALS OF DELEGATIONS</b> - SPORT HALL “CARRARAFIERE” – REGISTRATION AND PAYMENT - HOTEL ACCOMMODATION VOUCHERS – COMPETITORS WEIGHT/CERTIFICATIONS CONTROLS WEIGH-IN – MEDICAL &amp; INSURANCE CERTIFICATIONS CHECK UP BY ORGANIZATION.</p> <p><u>NOTE: RING SPECIALTIES (FULL CONTACT – LOWKICK – K1 – MMA FULL CONTACT) MEDICAL CERTIFICATION CONTROL &amp; MEDICAL VISIT. WITHOUT THE CERTIFICATION AND MEDICAL VISIT NO ONE WILL BE ADMITTED TO COMPETE. AND NO MONEY WILL BE GIVEN BACK!!!</u></p> <p><b>NOTE: These procedures will be closed at 20.00 without any further delay!</b></p> <p>AT YOUR ARRIVAL AT THE MAIN ENTRANCE OF SPORT HALL YOU WILL FIND OUR STAFF READY TO HELP YOU FOR ALL YOUR NEEDS. THE WELCOME STAFF WILL SHOW YOU AROUND THE SPORT HALL, THE COMPETITIONS AREAS, REFEREES OFFICES, WTKA OFFICES, BAR, RESTAURANT, BANK, EVERYTHING.</p> <p><b>UNIFIED WORLD CHAMPIONSHIPS REFEREES MEETING</b></p> <p>YOU WILL FIND THE COMPETITIONS SCHEDULE OF EVERY DAY IN FRONT OF REFEREES OFFICE.</p>
<p><b>THURSDAY 27ST OCTOBER</b></p>	<p><b>07.45 – 08.00</b></p> <p><b>09.00</b></p> <p><b>10.30</b></p>	<p>SHUTTLE BUSES FROM THE HOTEL TO THE SPORT HALL. PLEASE BE ON TIME IN FRONT OF YOUR HOTEL. YOU WILL FIND INSIDE YOUR HOTEL THE TIMETABLE OF BUSES TRANSFERS.</p> <p><b>OPENING CEREMONY!!!</b></p> <p><b>START OF UNIFIED WORLD CHAMPIONSHIPS ELIMINATORY</b></p>

		<b>GAMES OF KICKBOXING/MUAY THAI (ALL SPECIALTIES MAT SPORTS AND RING SPORTS) – KARATE (ALL SPECIALTIES) - TAEKWONDO WTF (ALL SPECIALTIES) - ALL STYLES (ALL SPECIALTIES).</b>
	<b>21.00</b>	LAST SHUTTLE BUS FROM THE SPORT HALL TO THE HOTEL
<b>FRIDAY 28ST OCTOBER</b>	<b>07.45 – 08.00</b>	SHUTTLE BUS FROM THE HOTEL TO THE SPORT HALL. PLEASE BE READY IN FRONT OF YOURHOTEL.
	<b>10.00-20.30</b>	<b>WORLD CHAMPIONSHIPS &amp; MARTIAL MARATHON. ELIMINATORY GAMES OFKICKBOXING/MUAY THAI (ALL SPECIALTIES MAT SPORTS AND RING SPORTS) - MMA FULL – MMA LIGHT - KARATE (ALL SPECIALTIES) - ALL STYLES (ALL SPECIALTIES) - KUNG FU (ALL SPECIALTIES) – TAEKWONDO WTF (ALL SPECIALTIES) – TAEKWONDO ITF.</b>
	<b>21.00</b>	LAST SHUTTLE BUSES FROM THE SPORT HALL TO THE HOTEL
<b>SATURDAY 29ST OCTOBER</b>	<b>07.45 – 08.00</b>	SHUTTLE BUS FROM THE HOTEL TO THE SPORT HALL. PLEASE BE READY IN FRONT OF YOURHOTEL.
	<b>10.00-20.30</b>	<b>WORLD CHAMPIONSHIPS &amp; MARTIAL MARATHON. ELIMINATORY GAMES OFKICKBOXING/MUAY THAI (ALL SPECIALTIES MAT SPORTS AND RING SPORTS) - MMA FULL – MMA LIGHT - KARATE (ALL SPECIALTIES) - ALL STYLES (ALL SPECIALTIES) - KUNG FU (ALL SPECIALTIES) – TAEKWONDO WTF (ALL SPECIALTIES) – TAEKWONDO ITF.</b>
	<b>19.00</b>	<b>GRAND CHAMPION OPEN FORMS TOURNAMENT</b>
	<b>21.00</b>	LAST SHUTTLE BUSES FROM THE SPORT HALL TO THE HOTEL
<b>SUNDAY 30 ST OCTOBER</b>	<b>07.45 – 08.00</b>	FREE SHUTTLE BUS FROM THE HOTEL TO THE SPORT HALL. PLEASE BE READY IN FRONT OF YOUR HOTEL
	<b>10.00</b>	<b>WORLD CHAMPIONSHIPS ALL SPECIALTIES FINALS</b>
	<b>10.30</b>	<b>START OF AWARD CEREMONY</b>
	<b>21.00</b>	LAST SHUTTLE BUSES FROM THE SPORT HALL TO THE HOTELS.

**NOTE: times are approximate and are subject to change.**

**VERY IMPORTANT:**

SHUTTLE BUS FROM SPORT HALL CARRARAFIERE TO HOTELS WILL START AROUND 12.00 UNTIL 21.00 EVERY HOUR



From the Etruscans to the Romans to the Renaissance, [Tuscany](#) is possibly the greatest repository of art in the world, from extraordinary paintings and sculpture to frescoes and architectural masterpieces.

Visitors to Tuscany come for many reasons. Many come in search of **fine art**, others to explore the **extraordinary countryside**. Gourmets and wine buffs descend on Tuscany to enjoy the simple yet wonderful **cuisine** and **wine**. Walkers enjoy the **mountain paths**, cyclists the **rolling hills**, summer vacationers the **sea coast** and **islands**. Students come to learn the beautiful **Italian language and culture**.

There is a lot to see and do in Tuscany, the difficulty is really where to start. Certainly most should start with [Florence](#), then continue on to **Siena** and **Pisa**. The roll call of *città di arte*, cities of art, is daunting: **Arezzo**, **Cortona**, **San Gimignano** and **Lucca** are all striking. The more you come to know the region, the more extraordinary Tuscany appears. *Enjoy your visit!*

# *Tuscany's History and Culture*

**Tuscany** is one of twenty regions in Italy. The region is located in the central, western part of the country, north of Rome and south of Genoa. It is bounded by the **Apennine Mountains** to the North and East, the **Apuan Alps** on the northwest and by the **Tyrrhenian Sea** on the West. Its land area is about 9,000 square miles (23.300 square kilometers). Its major cities are [Florence](#), [Pisa](#), [Siena](#) and [Arezzo](#). Its major river, the **Arno**, begins in the Apennines and heads toward the coast - both Florence and Pisa sit astride the Arno river.



This section offers pieces of Tuscany's history and culture that should prove to be interesting to anyone wishing to learn more about what lies behind the Tuscan - and for that matter Florentine, Sienese and Pisan - personality and character. The identity of any Tuscan today is deeply tied to the territory's past and, as we glimpse and discover various aspects of that identity, we hope to be able to share it with you.

Tuscany is famous all around the world for its colors, tastes and smells. It offers many things to see, to do and to taste. But overall it offers the masterpieces of many illustrious figures that made Tuscany what it is today. Explorers, writers, all kind of artists famous worldwide: [Dante Alighieri](#), [Michelangelo](#), [Leonardo da Vinci](#), [Simone Martini](#) just to name a few. But also [Galileo Galilei](#), [Antonio Meucci](#), [Giacomo Puccini](#), [Giovanni da Verrazzano](#). A long list of **great Tuscans** to be discovered.



## *Moving Around Tuscany*

**Tuscany** is a medium-sized region which can be crossed in a few hours. Generally the hardest part in getting from one place to the next depends on where you are headed: **smaller villages** are often only reachable by **car** or **bus** whose schedules might not be the most convenient. Aside from a few major roads and roadways that cross Tuscany (such as the A1, A11 and A12), most of the roads are state or provincial with a single lane in each direction. Also, as many parts of Tuscany have hills, many roads wind up, down and around these hills: if you're driving, prepare to take your time and drive carefully.

Having said this, if you are planning on visiting only the main towns in Tuscany, the most convenient way to move around is with the **train**: the main station in each town is generally in the center so there is no need to worry about parking before finding the major sights. Train travel is also pretty affordable, in comparison to the costs of rental cars and gasoline these days.



If you already know you won't be driving but would like to visit the smaller villages not reachable by train, make sure to check out bus schedules ahead of time. For example, **San Gimignano** is a medieval village which we highly recommend visiting, but be aware that if you're not driving, you can get there only by taking the train from Massa Carrara Station to Poggibonsi and then a bus the rest of the way.

## *Florence Cradle of the Renaissance*

**Florence** is an open-air museum and attracts millions of visitors from all over the world every year. Renown as the cradle of the Renaissance for its palaces, churches and museums, Florence is certainly unique. Florence's museums, palaces, and churches house some of the greatest artistic treasures in the world.



The most popular and important sites in Florence include the [Cathedral](#), the **Baptistry**, the [Uffizi](#), the [Bargello](#), and the [Accademia](#). The churches of [Santa Maria Novella](#) and [Santa Croce](#) are veritable art galleries, and the library of **San Lorenzo** is a magnificent exhibition of Michelangelo's architectural genius. Wander some of the oldest streets in the city until you reach the Arno River, cross the [Ponte Vecchio](#), and experience the "newest" area of Florence, the **Oltrarno**.



## *Pisa*

Pisa is most famous for its **Leaning Tower**. Many visitors arrive into this university town and visit the *Piazza dei Miracoli*, or [Square of Miracles](#), where the **tower**, the **cathedral** and **baptistry** form the city's main attraction.



Around the square's perimeter you'll also find the **Camposanto**, **Opera del Duomo** museum and **Museum of the Sinopie** which we also highly recommend visiting. A few blocks away, the **Piazza dei Cavalieri** once was the heart of power in the city and later the headquarters of *the Knights of St. Stephen*. Today, it is a center of culture and learning as the famous *Scuola Normale di Pisa* has its base in the Palazzo della Carovana that faces onto the piazza.

**UNIFIED WORLD CHAMPIONSHIPS**  
**25<sup>th</sup> – 30<sup>th</sup> OCTOBER 2016**  
**CARRARA FIERA– ITALY**

**HOTEL ACCOMMODATION FORM**

**PLEASE FILL, SIGN AND SEND BY E-MAIL TO**  
**wcombatsd@gmail.com; combatsd@mail.ru**

<b>COUNTRY</b>			
<b>CHIEF DELEGATION</b>			
<b>NAME OF ASSOCIATION AND ADDRESS</b>			
<b>PHONE</b>		<b>MOBILE</b>	
<b>E-MAIL</b>		<b>VAT CODE</b>	

<b>TOTAL NUMBER OF PERSONS</b>	
<b>DATE OF ARRIVAL</b>	
<b>DATE OF DEPARTURE</b>	
<b>NIGHTS NUMBER</b>	

ROOMS NUMBER	KIND OF ACCOMMODATION	PRICE PER PERSON PER DAY	X	NIGHTS NUMBER	X	NUMBER PERSONS	TOTAL
	<b>SINGLE ROOM</b> With private bathroom	€ 75.00	X		X		
	<b>DOUBLE ROOM</b> With private bathroom	€ 60.00	X		X		
	<b>TRIPLE ROOM</b> With private bathroom	€ 60.00	X		X		
<b>GRAND TOTAL</b>							

Chief Delegation Signature \_\_\_\_\_

